



**SERIES: JANUARY – BECOMING SPIRITUALLY FIT**

**SPEAKER: NAT CRAWFORD**

**Saturday, 01/08/2025**

**Scripture: Psalm 119:130-133**

**TITLE: Following the Roadmap**

Each month I hit the road for Back to the Bible. I get to spend time with many of our learners and Kingdom Investors. And what's fun is you are all over the place. So, whenever I land in a new city, I have to pull up my GPS on my phone. I need to know the way in order to get to my destination quickly and safely. Now, I know if I were to just wing it, I'd end up in the ocean or in a place I shouldn't be. So that GPS that roadmap is essential for my success.

So too the Bible is our daily GPS and roadmap to move closer to Jesus. Listen to what the King David said about the Bible as our roadmap:

“The revelation of your words brings light and gives understanding to the inexperienced. I open my mouth and pant because I long for your commands. Turn to me and be gracious to me, as is your practice toward those who love your name. Make my steps steady through your promise; don't let any sin dominate me.” (Psalm 119:130-133, CSB)

According to your feedback, many of you struggle with faithfulness. You feel like you're trying to build a meaningful life according to God's best, but you don't know how. Chances are you've put down the instruction book – the Bible.

The Psalmist says the Bible is light. It makes the complexities of life simple. Don't you desire that? I sure do.

The Psalmist says he pants for God's Word. I think if we remembered that, one, God's Word is a love letter to us, we might long for it. When my wife and I were dating, we would write each other love notes. I would long for one. I would read it over and over again. God's Word is a love letter. We should pant for it. We should long for it. We should hunger for it, just like I hunger for one of my wife's gourmet cakes.

And we should pant for God's Word everyday not just when we feel like we need it or are in trouble!

Two, God's Word is a practical instruction manual for life. Yes, there is a lot of description of history in the Bible, but it's also full of rich prescriptions for living well. So if you want to be faithful in your Christian walk, you need to rely on God's Word for the path. When we submit to God and His Word, we will avoid sin.

So here's my challenge for you today: Ask yourself, where are you trying to do life on your own? Where is it you struggle with faithfulness? Is it in your finances? Is it in the area of sex? Is it how you manage your time? Is it how you are treating others? Uncover it. Confess it to God. And then turn to God's Word to aid you in getting back on track.

If you aren't sure where to start, take our spiritual fitness assessment in goTandem. It will feed you Scripture and content in your areas of struggle to get you moving again. It's what I do. I invite you to join me in the journey.

When we follow God's roadmap, we will win the day.