



SERIES: August / September Series “HE IS ENOUGH”

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Friday, 08/06/2021

Scripture: Colossians 1:9-10

TITLE: Overcoming Spiritual Disorders

How would you describe your spiritual health? Are you lean and mean? Are you spiritually obese? Are you spiritually anorexic? How would you describe your spiritual health? Maybe you're wondering, who cares? Well, the Apostle Paul cared. I care. Many Christians today are spiritually anorexic. They don't consume a healthy diet of Bible engagement. Many others read a lot of Bible. They listen to a lot of Bible teachers and pastors, but they're obese: consuming a lot, but not exercising their faith.

Paul has a better plan. Here's what Paul says in Colossians 1:9-10 (NLT):

“⁹ So we have not stopped praying for you since we first heard about you. We ask God to give you complete knowledge of his will and to give you spiritual wisdom and understanding. ¹⁰ Then, the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.”

In case you've missed some of the other episodes, Paul is writing the Colossian Church to address some false teaching they're experiencing about Christ. Paul has been talking about some of the life-changing that happens when people are saved by Christ. And that's where we pick it up, with Paul praying that this church will be filled with complete knowledge of God's will, and the spiritual wisdom to put these truths into practice.

You see, its easy to be spiritually anorexic, that is, never engaging in God's Word; never attending church; never consuming the richness of God's Word. But you can just as easily become spiritually obese - consuming God's Word like it's going out of style, but not allowing it to transform you and move you to become that faithful servant we talked about last week.

Your faith is only as good as the fruit it bears. That's why Paul says, “Then the way you live will always honor and please the Lord, and your lives will produce every kind of good fruit. All the while, you will grow as you learn to know God better and better.”

Get out there. Get active in your faith. Live faithfully. Show the difference Christ is making and pressing you to make. One of the biggest insults is to hear someone say, “Why would I want to be a Christian? You guys aren't any different than the rest of the world.” Well, friend, that's not saving faith. Saving faith works. It produces fruit. Saving faith provides a path full of good works that we'll walk in.

So here's my challenge for you today: practice what you're learning about the faith. We've talked about sharing the Gospel. We've talked about walking according to God's will and teaching. We've talked about loving others.

Let's stop merely consuming God's Word. Let's put it into practice. What's one thing you will do to show the difference Christ is making in you? Share it in the comments below.

Friend, God saved you on purpose and for a purpose, so let's go exercise together. Now that you have the challenge, go win the day.